

Summer, 2023 Schedule



| Times | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|--|---|--|--|-----------------------------|-----------------------------|
| 6-6:45am | Lap/Open Swim | Closed | Lap/Open Swim | Closed | Lap/Open Swim | Closed |
| 7-7:45am | Lap/Open Swim | Closed | Lap/Open Swim | Closed | Lap/Open Swim | Closed |
| 8-8:45am 8:30-9:15am | Splash Aerobics Lap Swim Cycling | Closed | Splash Aerobics Lap Swim Cycling | Closed | Splash Aerobics Lap Swim | Splash Aerobics Lap Swim |
| 9-9:45am | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Open Swim | Lap Swim Open Swim |
| 10-10:45am | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Open Swim | Lap Swim Open Swim |
| 11-12:00pm | Lap Swim Open Swim | Deep Water Aerobics Lap Swim | Lap Swim Open Swim | Splash Lap Swim | Lap Swim Open Swim | Closed |
| 12-12:45pm | Closed | Closed | Open Swim | Closed/Private Rentals | Closed | Closed |
| 1:00-2:00pm | Closed | Closed | Open Swim | Closed/Private Rentals | Closed | Closed |
| 2:00-3:30pm | Closed | Closed | Closed | Closed | Closed | Closed |
| 3:30-4:30pm | Lap Swim Open Swim | Lap Swim Swim Lessons | Closed | Lap Swim Swim Lessons | Closed | Closed |
| 4:30-5:30pm | Lap Swim Open Swim | Lap Swim Swim Lessons | Closed | Lap Swim Swim Lessons | Closed | Closed |
| 5:30-6:30pm | Lap Swim Open Swim | Lap Swim Swim Lessons | Closed | Lap Swim Swim Lessons | Closed | Closed |
| 6:15-7:15pm | Hatha Yoga | Lap Swim/Swim Lessons Deep Water Aerobics Cycling | Closed | Lap Swim Swim Lessons Deep Water Aerobics Gentle Yoga | Closed | Closed |

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We encourage everyone to register in advance, however you may “walk-in” and if there are spots available we will be able to accommodate you.

How to Sign Up: Go to Howellschools.com/community -- Highlander Aquatic and Fitness Center -- Reserve your spot -- link -- Sign in or sign up or not a member make a booking. Or Call us at 517-540-8087 Or use the QR code at the bottom

| | One Time or Drop in Rate | 8 Pack Session | 10 Pack Session | Memberships <i>*Coming soon</i> |
|---------------------|--------------------------|----------------|-----------------|------------------------------------|
| Lap Swim | \$5.00 | --- | | \$45 monthly unlimited |
| Open Swim | \$5.00 | --- | \$45 | |
| Deep Water Aerobics | \$8.00 | \$48 | | |
| Splash Aerobics | \$8.00 | \$48 | | |
| Deep and Splash | \$8.00 | \$48 | | |
| Swim Lessons | unavailable | \$125-\$172 | | |
| Cycling | \$10 | \$56 | | |
| Yoga | \$10 | \$56 | | |

Our Session packs never expire

Cancellation policy, if you pre-register and cancel 6 hours or more before there are no cancellation fees, within 6 hours you will be charged half the cost of the event you are scheduled for per person.

Note: Open swim times may vary depending on the day. They may also be only available in the shallow end of the pool if there is another activity going on in the deep water. Pre-registration may be required in order to remain open during the evening hours.



Summer, 2023 Schedule



| Event | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|------------------------------------|----------------------------|--------------------------|----------------------------|----------------------|-------------|
| Lap Swim | 6-11:45pm 3:30-6:45pm | 9am-11:45pm 3:30-6:45pm | 6-11:45pm 3:30-6:45pm | 9am-11:45pm 3:30-6:45pm | 6am-11:45am | 8am-11am |
| Open Swim | 6-8am 11-11:45am 3:30-6:45pm | | 6-8am 11:15-2pm | | 6-8am 9am-11:45am | 9am-11am |
| Splash Aerobics | 8-8:45am | | 8-8:45am | 11-11:45am | 8-8:45am | 8:00-8:45am |
| Deep Water | | 11-11:45am 6:00-6:45pm | | 6-6:45pm | | |
| Swim Lessons | 9-11:15am | 9-11:15am 3:30-6pm | 9-11:15am | 9-11:15am 3:30-6pm | | |
| Spin | 8:30-9:15am | 6-6:45pm | | | 8:30-9:15am | |
| Yoga | 6:15-7:15pm | | | 6:15-7:15pm | | |

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